

# A practical comparison between Alevere Therapy and Weight Loss Injection Pens

<b>ALEVERE THERAPY</b> <i>Medically supervised weight loss</i>	<b>PRESCRIPTION INJECTOR PENS</b> <i>e.g. Wegovy™ and Mounjaro™</i>
<b>Typical features</b>	<b>Typical features</b>
<p style="text-align: center;">Injection free ----</p> <p style="text-align: center;">No medication side-effects ----</p> <p style="text-align: center;">Includes treatments to reshape the body and tighten the skin as you lose the weight so helps to reduce the need for surgery to loose skin. ----</p> <p style="text-align: center;">Includes regular blood tests and medical supervision by a doctor. ----</p> <p style="text-align: center;">Alevere’s nutrition ensures that you don’t feel hungry because you eat regularly with meals that are good for you. Over 30 meal options to choose from plus added vegetables. ----</p> <p style="text-align: center;">Your body is nutritionally supported with (proteins, vitamins, minerals etc) during Alevere Therapy. ----</p> <p style="text-align: center;">You learn healthy habits and what foods best serve your body so that when you reach your target weight you have knowledge and skills to last you a lifetime to keep the weight off. ----</p> <p style="text-align: center;">Weekly clinic visits and health check-ins with our friendly clinic team as well as regular reviews with a doctor. ----</p> <p style="text-align: center;">Healthier weight loss option for many reasons.</p>	<p style="text-align: center;">Requires weekly injections by patient. ----</p> <p style="text-align: center;">Side-effects and feelings of nausea are common ----</p> <p style="text-align: center;">No treatment to reshape the body as the weight is lost. ----</p> <p style="text-align: center;">Less monitoring and some providers provide very little medical supervision. ----</p> <p style="text-align: center;">You don’t feel hungry because of the side-effects of the medication. ----</p> <p style="text-align: center;">You starve yourself into weight loss and most providers offer no additional nutritional support for your body. ----</p> <p style="text-align: center;">You learn nothing about healthier eating so are likely to put the weight back on again after you stop the medication. Remember if you change nothing, nothing changes. ----</p> <p style="text-align: center;">Generally, less regular (or no!) health or progress check-ins and very little access to nutritionally qualified professionals. ----</p> <p style="text-align: center;">Less healthy weight loss option.</p>